

RCH Community Has Record Setting Year in Community Service

RCH employees have a long history of giving back to the communities in this area. This year they set themselves a lofty goal of providing even more community service hours than ever before, and easily surpassed that goal.

AJ challenged RCH employees to provide 5,000 hours of their time to give back to their community before the end of 2019. They surpassed that goal before the end of November. In addition, hospital staff holds several fundraisers every year to aid county food pantries and provide Christmas gifts for area children who might not otherwise have any presents.



The community service involved dozens of different areas of volunteering, including engaging in food drives to help those who are food insecure, providing meeting spaces at no cost to community service entities, serving on county economic development committees, participation in community events such as parades and fairs, conducting free health screenings and CPR instruction, working at school functions, involvement in church activities and service in volunteer fire departments and EMS, to name just a few.

Through monthly “Casual for a Cause” days, RCH and Post Rock Family Medicine (PRFM) employees donated hundreds of dollars and hundreds of pounds of non-perishable foods for the food pantries in Stockton and Plainville. In one instance this summer, the Plainville food pantry was dangerously low on supplies. The call went out to RCH and PRFM staff who stepped up to donate 500 pounds of food and over \$150 in cash in less than two days. RCH supported the Ministerial Alliance by providing free lunches during one summer week for students who were in food insecure situations. The annual “Pumpkins for Pantries” pumpkin decorating contest brings in over \$1,000 every October that is split between the two county food banks.

The annual Christmas basket raffles bring in over \$2,000 a year. Over \$14,500 has been raised over the last 7 years with 100% of the proceeds going to buy Christmas gifts for children in Rooks County who might otherwise be going without that year.

This year RCH and PRFM employees began assisting a program to help children transition from an abusive home situation to a safe foster home by donating toys and necessities. This program was started by Blake and Abigail McKeever from Penokee, Kansas. Blake and Abi are foster parents in Graham County and realized that as the children they fostered arrived to their home, most of the time they had nothing but the clothing they wore. This inspired the First Night Stay Bag Project, where backpacks are filled with blankets, toys and toiletries to give to children entering into foster care on their first day.

(Cont. on next page)

RCH and PRFM employees rallied to the cause immediately and donated nearly 60 pounds of bags, toys, and toiletries in just a few days.

By donating their money and volunteering their time and their skills, RCH employees continue to lead the way not only in providing the best possible healthcare in the area, but in also giving back directly to their communities.



Human Resource News

OPEN POSITIONS:

- CNA
- Wound Care RN

EMPLOYEE UPDATES:

- **Cassie Lowry** will be a full-time LPN.
- **Sandy Cearley** will be a part-time RN.

PTO DONATIONS - **LISA VONFELDT** is asking for your generosity by requesting your donation of PTO hours. She truly appreciates all of the previously donated hours. If you are interested, please see Cindi for the form.

RCH Employee Anniversaries

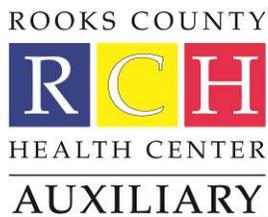
Andee Mitchell	5 years
Pam Harmon	9 years
Annette Paulson	9 years
Heather Balthazor	11 years
Steve Law	12 years

RCH in-house Blood Drive 9am to 3pm.
Please call Kandie at ext. 427 or check the sign up sheet at her desk for available appointments.

Please consider giving if you can.

Congratulations! Thank you for your years of service!

It is time to renew your RCH Auxiliary Membership!



Membership is \$5 per year or \$100 for a lifetime membership. All hospital employees are invited to be a part of the RCH Auxiliary. You can pay your dues at the gift shop, admissions or to Kandie.

RCH Auxiliary Purchases Sleep Sacks for Babies Born at RCH

The Rooks County Health Center Auxiliary (RCHA) is assisting with the comfort and safety of newborns by purchasing wearable blankets which will be given to parents of babies born at Rooks County Health Center (RCH).

The wearable blankets, called sleep sacks, are meant to address sleep environment risks which are primarily centered on loose bedding. Loose bedding such as regular sheets and blankets can accidentally cover a baby's face and interfere with breathing.

Diane McReynolds, RCHA president, noted that the auxiliary was excited to be able to offer a free, new sleep sack to babies born at the hospital as well as to offer them for sale in the RCHA gift shop.

"Sleep sacks are a better and safer way for baby to sleep, and the ones we purchased are for newborns up to 6 months" said McReynolds, adding that the garment even has the motto "Back is Best" printed on it to remind parents to put their baby to sleep on their back.

The sleep sack helps to ensure a safer sleep environment for baby by fitting a blanket like garment around the baby that reduces the possibility that bedding might obstruct a baby's breathing during the night. It also adds a bit of security around their arms to reduce the startle reflex. Since baby's arms remain free, it's safe for little ones who are rolling during sleep time.



RCH Auxiliary Member, Carol Parker, poses with the new Sleep Sacks with Communications & Development Director, Eric Sumearll.



RCH listed twice on the Newborn Screening (NBS) Website for excellence in 2019.

The first one was for having less than .5% unsatisfactory Newborn Spot Collection testing. This is a blood test performed after a newborn baby is 24 hours old. It tests well over 55 different metabolic disorders that a newborn may have. Testing early is extremely important for the newborn in case they have a metabolic disorder. The sooner a disorder is identified, the sooner treatment and intervention can occur. The collection process can be difficult since the spots on the special filter paper must be filled as much as possible and the baby's foot cannot touch the paper. So having an unsatisfactory level of less than 0.5% is awesome.

Here is the link where you can see this list:

[https://gallery.mailchimp.com/bd2f500cf90cbcebe88e4a2c4/files/d7904728-9cb0-43ac-9a4a-f64be84b6d25/11.2019 Blue Bloodspot Specimen Winning Facilities.01.pdf](https://gallery.mailchimp.com/bd2f500cf90cbcebe88e4a2c4/files/d7904728-9cb0-43ac-9a4a-f64be84b6d25/11.2019%20Blue%20Bloodspot%20Specimen%20Winning%20Facilities.01.pdf)

The second NBS that RCH was noted for was for Newborn Congenital Heart Disease screenings (CHD Screenings). RCH reports 100% of all newborns for CHD screenings. CHD is measured by placing a pulse oximeter, on a newborn greater than 24 hours old, on the newborns right hand and then on one foot. This measures the oxygenation in the baby's blood pre-ductal (before it goes to the baby's heart) and post-ductal (after passing through the heart). If the blood doesn't show the same oxygenation or within 3% difference, then the baby could have a heart defect. It's vital to have this information early so proper treatment and interventions can be started if the baby has CHD.

Here is the link where you can see this list:

[https://gallery.mailchimp.com/bd2f500cf90cbcebe88e4a2c4/files/85aeb37f-71de-4740-9f10-0907c4017768/11.2019 Pink Heart Screening Winning Facilities.pdf](https://gallery.mailchimp.com/bd2f500cf90cbcebe88e4a2c4/files/85aeb37f-71de-4740-9f10-0907c4017768/11.2019%20Pink%20Heart%20Screening%20Winning%20Facilities.pdf)

Congratulations to everyone involved with these great recognitions! Your hard work and attention to detail is appreciated! Thank you Nancy Sterling for sharing this information with us!



QUARTERLY REGULATORY MEETINGS

Friday, January 31st

All Meetings will be held in the HIM Conference Room

8:00 Quarterly Quality:

This Quarter:

**Dietary, Surgery, Sterile Processing, PACU, Wound Care,
Outpatient Services, Diagnostic Imaging Services,
Nursing: Acute/Swing/OB/ER/Level IV Trauma
Rehab Departments: PT/OT/ST,
Laboratory, Pharmacy, Admissions, Cardiac Rehab, Anesthesia,
KDHE Survey topics: Care Plans/Recapitulation/Activities**

9:15 Quarterly Infection Prevention

9:45 Quarterly Utilization Review

10:00 Quarterly Privacy Oversight

10:20 Quarterly Corporate Compliance

10:30 Quarterly Risk Management

After the Quality Meeting, all meetings will run consecutively and meeting times will be approximate. The start of all meetings will be announced overhead so those people can arrive at the appropriate time.

 Lunch Menu 

Wednesday, Jan 1 – HAPPY NEW YEAR!

Broccoli cheese soup, Bistro chicken salad slider, and dessert

Thursday, Jan 2

Breaded shrimp over fried rice, egg roll and fresh fruit

Friday, Jan 3

Smothered Sancho and peanut butter sheet cake

Saturday, Jan 4

Chicken taco soup and dessert

Sunday, Jan 5

Cooks choice

Monday, Jan 6

Chicken fried chicken sandwich, Cheesy potato casserole, and fresh fruit

Tuesday, Jan 7

Meat balls over egg noodles, green beans, and fresh fruit

Wednesday, Jan 8

Ham/cheese sliders and tomato soup and dessert

Thursday, Jan 9

Taco salad and fresh fruit

Friday, Jan 10

Chicken wrap, chips, and dessert

Saturday, Jan 11

Spaghetti casserole, bread stick green beans and dessert

Sunday, Jan 12

Roast beef dinner and dessert

Monday, Jan 13

Grilled chicken sandwich, Fries, and fresh fruit

Tuesday, Jan 14

Cabbage chili, cinnamon roll and fresh fruit

Wednesday, Jan 15

Meaty spaghetti, garlic toast, small salad and fresh fruit



JANUARY

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 HAPPY NEW YEAR!	2 10am Policy Comm. Mtg	3  PAY DAY	4
5	6 Karen Harris	7	8 Stephanie Bjornstad	9 9am PFAC Mtg 1pm Disaster Safety Rounds Lisa VonFeldt Jaime Benoit Cassie Lowry	10 9am-3pm In-House Blood Drive	11 Kelsey Wyatt
12	13 Turn Time Sheets In Nicole Pierson LaDonna Shetterly	14 5pm- 9pm Smash N Dash Pat Ferland	15 8:30am-1pm Med Staff & Grand Rounds Skylar Rudman Rebecca Bigge Katie Chrisler	16 8am-4pm New Employee Orientation Angela Hahn	17 PAY DAY 5pm Volunteer Appr. Party Patty Plante	18
19	20 RCHF board meeting 12:00pm	21	22 Alexa Sabatka	23	24 Amanda Riffel	25
26 Laurie Augustine	27 Turn Time Sheets In Bill Harmon	28 6pm RCH Board Mtg Scott Carpenter	29	30 8am & 2pm Qtrly Staff Mtgs 10am RCH Auxiliary mtg	31 PAY DAY 8am-1pm Qtrly Reg. mtgs	