

## RCH Auxiliary Earns Fifth Consecutive Gold

The Rooks County Health Center Auxiliary (RCHA) recently received the Hospital Auxiliaries of Kansas (HAK) “Gold Award of Excellence” on September 6 at the organization’s annual convention held in Wichita, in conjunction with the Kansas Hospital Association’s Annual Convention. This marks the fifth year in a row and the twelfth time out of the last thirteen years that the Auxiliary has brought home gold.

To earn the award, HAK evaluates 21 areas of service, including involvement in health education programs, health related community service, contributions to health career scholarships and other special projects throughout a 12-month period.

“We’re proud of all that the Auxiliary has accomplished in the last year. We are greatly appreciative of their energy and commitment to enhancing health care in Rooks County,” said Eric Sumearll, Communications and Development Director for Rooks County Health Center.

Five auxiliary members, Kathy Ramsay, Diane McReynolds, Kandie Morain, June Mongeau, and Genny Robben-Rahjes, attended the 2019 HAK Convention as representatives of District 5 of the association. Diane McReynolds, Auxiliary President, and AJ Thomas, RCH CEO, accepted the Gold Award which was presented at the final luncheon ceremony. Besides the networking opportunities, and speakers, they also came home with new fundraising ideas to explore in the future.

According to Sumearll, the group of 129 members provides critical support for patients and their families as well as assisting hospital employees. In summing up the value of RCHA, Sumearll stated, “Auxiliary members are committed to the service of others and are crucial to the support of daily operations of the hospital.”

A few of the Auxiliary’s projects over the last year included numerous fund raising events, such as their famous pie sale, Fall Frenzy, hosting a linen sale and the annual memorial Christmas tree lighting. The Auxiliary continues to raise money for the current Phase 2 hospital expansion and provide free CPR training materials to families who have children delivered at the hospital.

The RCH Auxiliary welcomes new members with a \$5 annual membership fee or \$100 lifetime membership. For more information on becoming an Auxiliary member, please contact Diane McReynolds at (785)-425-8393.



*Left to right: Dennis Franks, 2019 KHA Board Chair; AJ Thomas, RCH CEO; Diane McReynolds, RCH Auxiliary President; Linda Staiger, HAK President; Shirley Van Loenen, District 5 Coordinator; and Tom Bell, President and CEO of the Kansas Hospital Association.*

## RCH Auxiliary Awards Scholarships

The RCH Auxiliary has awarded the following scholarships:

Kristen Jones, Plainville, \$500 for 2019/20 school year for online completion of her BA in nursing from the University of Kansas. She has previously completed her LPN and RN from NCK Technical College and has received RCH Auxiliary Scholarships in the past. She is presently employed by Hays Medical Center.

The RCH Auxiliary is also pleased to award their RCH Memorial Employee Scholarship of \$700 to Payton Littrell, Plainville, an employee with RCH for several years. She will be attending NCK Technical College in the LPN Program.

For over 30 years, the RCH Auxiliary has sold Memorial Lights in remembrance of a loved one to fund scholarships. This year the sale will take place in the fall with the Memorial Ceremony taking place in early December.

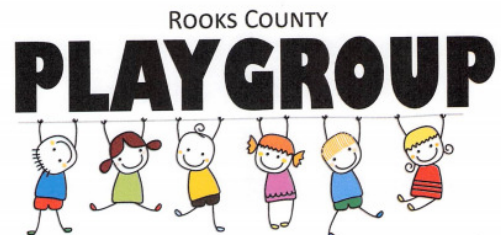
If you have any questions about this scholarship, please see one of the committee members.



Left to right: Shirley Comeau, Payton Littrell, Kristen Jones and Kathy Ramsay.



Thank you to everyone who helped with Saturday's Golf Tournament. We wouldn't be able to do these kinds of events without so many wonderful volunteers!



The USD 489 Early Childhood Connections program offers a free playgroup every other month for Rooks County parents and their children ages birth to five.

Each playgroup will offer fun activities, free play, opportunities for socialization and a snack.

Playgroups are open to the community and free of charge!

**The upcoming Rooks County Playgroup will be held:**

**Tuesday, September 24**

**Tuesday, October 29**

**Tuesday, December 3**

**9:30 to 10:30 a.m**

RCH Education Building, 409 N. Washington, Plainville, KS

**For more information:**

**Early Childhood Connections (Alexis or Jana): 785-623-2430**

For updates on playgroups (cancellations, etc.), please check the USD 489 Early Childhood Connections Facebook page.





The RCH Auxiliary is having a big sale in the RCH Front Lobby on Thursday, September 26, starting at 8am. Lots of cute collectibles, seasonal items, and much more!

There will be a new order of the PoPt popcorn available with popular flavors!

Some Rada dips will be available to try and are perfect for weekend snacking or to share with friends!

Prices on most items will be marked way down!

You won't want to miss this sale!

## Jeans Day!!!

RCH, DWD and Post Rock employees may wear jeans on Wednesday, September 25, for a donation to the Stockton Food Pantry.

Items can be dropped off in the RCH Business Office.

## Important Upcoming Dates!

**Oct 3** – This is the tentative date set for the fire marshal to inspect the new Rehab Center. After approval, we can begin moving things in and start seeing patients shortly after that. Renovation will then start on Room 111 to create our new pharmacy.

**Oct 22** – RCH Competency Fair!

**Nov 4** – Dr. Jenny Maciaszek's first day at RCH!



## HR News

### JOB OPENINGS:

- Full-time Housekeeper
- Full-time PT
- Full-time Lab Tech

### PTO DONATIONS:

- **KATELIN BIRD** is requesting PTO donations while she is on maternity leave. If interested, please see Cindi for the form.
- **TINA GILLILAND** is requesting PTO donations. If interested, please see Cindi for the form.



Do you shop on Amazon? Support Rooks County Healthcare Foundation by going to **Smile.Amazon.com** and search for the Rooks County Healthcare Foundation in the charity field. Amazon's Foundation will give 5% of your purchase price back to RCHF (without any additional costs to you!). And yes, you can use the same account on Amazon.com and AmazonSmile.

**SHOP LOCAL | SHOP HEALTHY  
SHOP NATURAL**

- 1 Food from local farmers is better for the environment. Food in a grocery store travels an average of 1,500 miles to get to your plate.
- 2 Most foods found at a farmers market came straight from a garden which means it is fresh and full of nutrients. No processing involved!
- 3 Fruits and vegetables at a farmers market are allowed to ripen fully without any processes to simulate the ripening process. That's why they taste so good...because they are as fresh as they can be!

**NCS**  
NORTH CAROLINA STATE UNIVERSITY

 Lunch Menu 

**Wednesday, Sept 18**

Teriyaki Pork, Fried Rice, Egg Rolls and Fresh Fruit

**Thursday, Sept 19**

Tomato Basil Soup, Grilled Cheese Sandwich, and Pineapple Upside Down Cake

**Friday, Sept 20**

Ribs, Au Gratin Potato's, and Fresh Fruit

**Saturday, Sept 21**

Sloppy Joes, Mac N Cheese, Chips and Dessert

**Sunday, Sept 22**

Chicken Fried Chicken, Garlic Mashed Potatoes & Gravy, Vegetable, and Pie

**Monday, Sept 23**

Chicken & Noodles Over Mashed Potatoes, Peas and Corn, and Fresh Fruit

**Tuesday, Sept 24**

Breaded Shrimp, Steak Fries, Hushpuppies, and Fresh Fruit

**Wednesday, Sept 25**

Stuffed Peppers, Garlic Toast, and Carrot Cake

**Thursday, Sept 26**

Cheese Stuffed Meat Loaf, Baked Potato, Vegetable, and Pistachio Sugar Cookie Bars

**Friday, Sept 27**

Chili and cinnamon Rolls, and Fresh Fruit

**Saturday, Sept 28**

Fried Burritos with Beans and Rice, and Sugar and Cinnamon Churros

**Sunday, Sept 29**

Baked Pork Chop, Herb Roasted Potatoes, and Vegetable and Dessert

**Monday, Sept 30**

Tomato Basil Soup, Grilled Cheese, and Fresh Fruit