

October 15, 2016

HOSPITAL'S NEW ADDITION ANOTHER PLUS FOR ROOKS COUNTY



Since opening its new facility conveniently located on U.S. highway 183, Rooks County Health Center (RCH) has expanded its role not only within the county, but also throughout northwest Kansas drawing many to Rooks County for services. The new MRI/Nuclear Medicine suite to open later this year is expected to bring even more visitors to Rooks County as proven by RCH's other initiatives according to Eric Sumearll, RCH Communications and Development Director.

First of these initiatives was the development of First Friday Screenings that welcomed all to become proactive in their own health on a regular basis at discounted rates. The program expanded public

awareness of health screenings and increased accessibility to the point that annual health fairs were no longer needed.

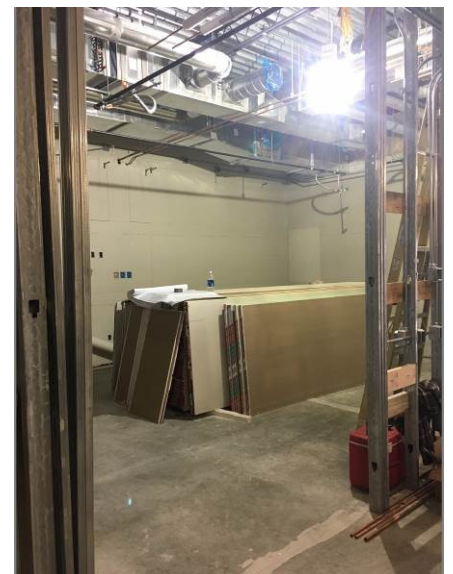
RCH followed this up by opening Doctors Without Delay, the first full service, walk-in clinic in northwest Kansas. The success of this clinic was instant, consistently pulling nearly half its patients from outside Rooks County and introducing them to the area.

In addition, the hospital's foresight to embrace young families and build two labor and delivery suites has proved invaluable not only for Rooks County residents, but also for many in northwest Kansas as many rural hospitals across the U.S. currently struggle to meet standards necessary to deliver babies.

The new MRI/Nuclear Medicine suite is expected to be another testament to RCH's mission to provide the most advanced health care available to residents of Rooks County and beyond.

"Benefits for patients include quicker scheduling, lessened stress, the convenience of money and time saved by receiving services close to home," commented Sumearll. "When patients benefit, the county benefits by keeping Rooks County dollars in Rooks County and for people from surrounding counties for whom a trip to Hays would be even more inconvenient, time consuming and expensive. They now have another option keeping their dollars closer to home as well."

CONSTRUCTION UPDATE: The HVAC contractors installed the air handling unit inside the building this week. Sheetrock installation is progressing throughout the addition. The limestone veneer on the north side of the building is complete. Medical gas installation continues as well as rough in electrical and plumbing.





RCH Employee Spotlight

Name: **Maria Kilgore, CNA**
RCH Team: **Nursing Department**
Start date at RCH: **October 2016**

Maria Kilgore is our newest CNA. She has worked with troubled teens and in the nursing home.

She is married to Karl Kilgore and they have one daughter, Krieta.

Maria enjoys collecting magazines, cooking, traveling, trying new things and exploring places. Welcome Maria!



RCH Employee Spotlight

Name: **Megan Chretien-Pendegast, RN**
RCH Team: **Nursing Department**
Start date at RCH: **October 2016**

Megan Chretien-Pendegast is our newest RN. She comes to us from Hays Medical Center where she was a phlebotomist and patient care technician.

Her husband Brad Pendegast is employed at Fort Hays State University and they have two children, Macie (4 years) and Cohen (3 Months).

Megan enjoys crafting, exercising and the MOMS Club of Hays.



October Riddle: How can you take 3 toothpicks and make them into the number nine?

ANSWER to last newsletters' riddle: Arrange them in the Roman numeral 9: "IX". Congratulations to Judy Munsell. She was this month's winner.



EMPLOYEE OF THE MONTH

Congratulations to Brenda Axelson!

Brenda was selected as the Employee of the Month for October. Brenda has worked at RCH as a billing clerk since 2008. Brenda was nominated by Amber Hageman and Casey Arnold.

HR News

JOB OPENINGS:

- Outpatient Nurse
- Wound Care RN
- HIS/Project Analyst

CHANGES IN EMPLOYEES:

- **Pam Greenleaf** will be our PRN Diabetic Educator.
- **Brandi Emerson** will be a PRN Paramedic.
- **Cara Scacchi** will be a full-time cook.
- **Anthony Daddario** will be a full-time cook.

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CREDIT UNION Rep will be here on November 9 from 11:00 am – 2:00 pm. They will be in the HIM conference room.

Aflac Rep will be here on December 6 from 7:00 am – 3:00 pm. He will be in the Business Office Consultation Room.

There are sign-up sheets in the employee hallway for both of these.

Shirley Weisz will be here for policy review on Wednesday, December 14th from 9-5 and on Thursday, December 15th from 9-12. If any department head knows they will need a specific time to meet with Shirley over those 2 dates, please let Heather Rinehart know at x229. Also please get your policy homework from last year completed before she arrives.

Congratulations to Ashley Desaire on the birth of her child.

Ashley is asking for your generosity in donating PTO hours. If you are interested, please see Cindi for the form.

Dr. Dan Sanchez, a private pilot, speaking on the importance of a regional airport to local healthcare during the Kansas Air Tour that landed at the Rooks County Regional Airport on September 29



RCH Auxiliary is selling \$50 and \$100 Mr. K's gift cards in the gift shop (5% of the profits goes to the Auxiliary)

Shop at AmazonSmile
and Amazon will make a donation to

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ROOKS COUNTY
HEALTH CARE FOUNDATION

Leading the Way to Better Health Care for Rooks County

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Do you shop on Amazon? Support Rooks County Healthcare Foundation by going to **Smile.Amazon.com** and search for the Rooks County Healthcare Foundation in the charity field. Amazon's Foundation will give 5% of your purchase price back to RCHF (without any additional costs to you!). And Yes, you can use the same account on Amazon.com and AmazonSmile. Remember this for those wonderful **events including birthdays, anniversaries, weddings, graduation, and CHRISTMAS!**



Christmas Basket Reminder! Only 57 more days until the Employee Christmas Party on Saturday, Dec. 10th!! It's time to start thinking about putting your departmental Christmas basket together so it will be ready to go!! Last year the proceeds of the baskets were able to help Santa deliver gifts to ten local families!! It was truly amazing to see the looks on the kid's faces. It's awesome to be able to give back to the community that we serve! So get your thinking caps on and get going! Be it simple or elaborate, the baskets are a hit by all!!



Lunch Menu



Saturday, October 15

Brats, mac & cheese, tossed salad, Toll House Cookie Bar

Sunday, October 16

Smothered steak, mashed potatoes and gravy, cheesy broccoli, pasta salad, peach or chocolate pie

Monday, October 17

Spaghetti, garlic toast, tossed salad, cherry square dessert

Tuesday, October 18

Chicken Cordon Bleu, baked potato, green beans, tossed salad, blueberry cobbler

Wednesday, October 19

Beef & noodles over mashed potatoes, corn, tossed salad, "surprise dessert"

Thursday, October 20

Taco salad, ice cream

Friday, October 21

Wings, choice of sauces, mac & cheese, tossed salad, Rolo chocolate chip blondies

Saturday, October 22

Smothered chicken over rice, asparagus, tossed salad, sherbet

Sunday, October 23

Roast beef dinner, mashed potatoes/gravy, mixed vegetables, tossed salad, dinner roll, strawberry pie

Monday, October 24

Ham & beans, cornbread, tossed salad, cookies

Tuesday, October 25

Chicken Philly, onion rings, tossed salad, layered pudding, dessert

Wednesday, October 26

Chili, cinnamon rolls, tossed salad, sherbet

Thursday, October 27

Pizza, Caesar salad, ice cream

Friday, October 28

Sticky chicken, fries, tossed salad, iced brownie

Saturday, October 29

Chicken fajita casserole, chips & salsa, tossed salad, blackberry cobbler