

## Employee of the Month



The entire Dietary Department was selected as the Employee(s) of the month for May.

The department was nominated by AJ Thomas and Kelsie Zeigler.

Congratulations Dietary! You guys do an awesome job!

*Shown left to right are part of the dietary staff: Patty Czahor, Michelle Wilkens, Gayle Johnson, Annette Freestone and Stacy Ratliff. Not pictured are: Deb Boucher, Patricia McDonald, Kelly Parson & Vicki Roberts.*

## RCH Celebrates Hospital Week

In recognition of National Hospital Week, May 8-14, we extend our sincere gratitude to **all** of the dedicated men and women who contribute to making our hospital exceptional. Each and every hospital employee plays an important role in our success.

On Tuesday Senior Leadership went around with many different snack options for the staff. On Wednesday we celebrated with ice cream sundaes along with every topping you could think of! On Thursday morning we were treated to breakfast.

Congratulations to the daily winners of a Tervis tumbler or water bottle: Payton Littrell, Sarah Rudman, Dawnite Colburn, Tracy Rudman, Tawny Baxter, Eric Bose, Sam Pfannenstiel, Megan Casey, Sheila Koch, Gwen Lewis, Lonnie Weiser, and Brenda Axelson.





**Did you know?** Hospital Week was established in 1921 in honor of the famed nurse, Florence Nightingale. As such, National Hospital Week always falls on the week of May 12, Nightingale's birthday. Initially, the holiday was recognized for only one day, but was extended to a week in 1953 to allow more time to spread public awareness about important healthcare issues and the people who support their communities by dedicating their lives to its development and success.

## RCH Nurses Present at 8<sup>th</sup> Annual Summit on Quality

Four Rooks County health care professionals were invited to address the Kansas Healthcare Collaborative's (KHC) 8<sup>th</sup> Annual Summit on Quality on May 6 in Wichita. Rooks County Healthcare Center (RCH) nurses Erin Stahl, Michele Hinger, Pam Harmon and Stockton EMS director Julie Cole delivered a presentation on early recognition and treatment of heart attacks and strokes.

The presentation focused on how RCH staff and county EMS personnel advance their performance improvement efforts concerning ST-elevation myocardial infarctions (STEMI heart attacks) and stroke care. They also shared their on-going focus on measurement, including review of their quarterly Kansas Heart and Stroke Collaborative (KHSC) quality reports through standing committee meetings.

"Kudos go out for the teamwork of all the providers and staff, who all work together to make this happen. We hold some state records on our quick and efficient treatment of our patients for stroke, STEMI and trauma. Other hospitals across the state are watching us and wanting to know how we are succeeding. It was quite an honor to be selected to present at the summit. As always, we are so proud of the commitment of RCH to raise the bar and continue to improve the care we provide," said Harmon.

The establishment of a monthly meeting between RCH staff and county EMS personnel has led to significant improvements in timeliness of care. For example, a recent patient was identified in the field as having suffered a heart attack, transported to RCH emergency room where the patient was stabilized in 11 minutes, well below the KHSC protocols. With timely transport and coordination with the cardiologists, total time from arrival to RCH's emergency room to the cardiac catheter lab at Hays Medical Center was under one hour.

Dr. Bob Moser, Executive Director of KHC said with regards to the work RCH is doing, "It was a good overview of how a critical access hospital adapted evidenced based guidelines to their local realities. It shows the value of performance improvement using time dependent measures in managing a time critical diagnosis."

According to Harmon, the combined commitment of RCH administration, leadership and staff along with the county EMS staff all aid in improving the rapid identification, initial procedures, transport and proper interventions for STEMI and stroke patients.

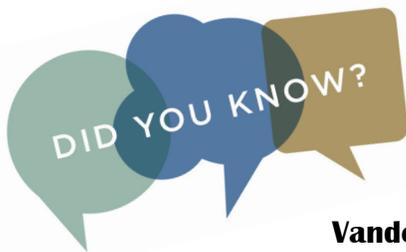
## RCH Participates in Mock Motor Vehicle Accident



A mock MVA due to drinking and driving was done on April 15, 2016, by Fire/Rescue, Police and Emergency Medical Services at Plainville High School for students. This drill was intentionally done in attempt to reduce drinking and driving the day before Plainville High School's Prom.

Two cars were used and the scenario was set as a t-bone accident at an intersection with 6 victims in the cars. There was one fatality at the scene, 4 persons up and walking on EMS arrival and 1 victim that was packaged with c-collar precautions and brought to RCH Emergency Department by ambulance. The time of the accident was 12:00pm and prehospital notification to activate our trauma team was called in at 12:20. The RCH trauma team was notified by ADT message immediately after notification by EMS. Eagle med was put on stand-by awaiting evaluation by trauma team. Report was given at 12:35 to RCH emergency department staff. The Avera system was used for scribing services and a trauma physician was ready if needed for consult. Twenty-two staff members were available prior to the patient's arrival. Outpatient had an additional 6 staff members ready if surgery or extra hands were needed. There were 11 more staff called in and that could help if more hands were needed.

Everything ran very smoothly and the patient was discharged to go back to school.



**Vanderbilts of Hays recently donated a very nice YETI cooler to the Rookstock auction and while we were there we learned that they now offer Maevn scrubs and starting next week they will have Cherokee scrubs available.**

**While you are there, be sure to thank them for the cooler!**



# Human Rsource News

## JOB OPENINGS:

- Certified Dietary Manager
- Nurse Supervisor



Rhonda Thyfault & Cathy King are on FMLA. They are asking for your generosity by donating PTO hours to their account. If you would like to do this, please contact Cindi for the form.

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PENSION REP: The pension rep will be here on May 23. There will be 2 meetings. The first meeting will be at 10:00 and the second meeting will be at 2:00. Both meetings will be held in the cafeteria. We encourage you to attend one of these meetings to find out what you might be missing! There is also a sign-up sheet in the employee hallway for individual meetings.



## **May 1<sup>st</sup> RIDDLE:**

*It may contain a thousand wheels, yet it never moves despite spending all day in the sun. What is it?*

Congratulations to Heather Rinehart. She was the winner! The answer was a parking lot

## **Need a Translator? Avera can help!**

### **A Message from Kim Brown, Admission Supervisor**



I recently received a call from a clinic in Salina asking if a patient had been to our facility. I looked it up and told them I didn't have a patient by that name. They were not surprised, but they were going to contact the patient and encourage them to come in for some needed tests. They felt that the patient was not comfortable because they do not speak English. The patient only speaks Bermese. I contacted Pam Harmon, and Bermese is on the list that Avera can translate for us. After explaining this to the patient, they feel more comfortable and will be coming to us for their Lab work. Joe is putting a note on the order indicating that we need to take the patient to the small ER and use the translator.

If you have a patient that you cannot communicate with, feel free to go into one of the small ER rooms and hit the Avera button on the wall. You will need to tell them who you are and that you are from Plainville. They can then put you in touch with someone that speaks the language you need. They told us today that if this particular patient had been here, they could have had someone on the phone within 10 minutes or so. If we know ahead of time that we will need this service, we can set it up in advance. The translator can help ask/gather the information needed for the registration, as well as help translate for the staff involved in the care.

If you know ahead of time, you can call 605-322-1946 and speak directly with a nurse. The general Avera eEmergency number is 877-AVERAER. Hitting the button on the wall also works, but you will need to stay in the room by the box to talk to them.

This is a very awesome service for us to use! I want to make sure that everyone knows that we have the capability to contact a translator for over 400 different languages at any time.

On May 10, Rooks County Health Center celebrated Dr. James Black's retirement. Dr. Black, who is an Ear, Nose and Throat specialist, served patients at RCH for over 20 years.



Some of the Outpatient/Surgery staff posed with Dr. Black at his reception in the RCH cafeteria. Pictured in back row - Left to Right: Jill Chestnut, Aimee Gardanier, Dr. James Black, Rebecca Bigge, Kimberly Wunder, Mona Dreiling (Dr. Black's nurse), and Pat Ferland

Front row Left to Right: Lacey Muir, Heather Mackey, and Sarah Rudman

 Lunch Menu 

**Sunday, May 15**

Fried chicken, mashed potato w/ gravy, asparagus, salad, hot roll, cherry pie

**Monday, May 16**

Salisbury steak, mashed potatoes/gravy, buttered broccoli, salad, pockets of lemon cake

**Tuesday, May 17**

Bistro chicken on a croissant, veggies with dip, chips, rice krispie treat

**Wednesday, May 18**

Spaghetti, green beans, garlic breadstick, salad, M&M oat bars

**Thursday, May 19**

Taco salad day, choco-tacos

**Friday, May 20**

Hamburgers, tater tots, fresh fruit, Texas sheet cake

**Saturday, May 21**

Deli meat sandwich, vegetable soup, chips, salad, pudding

**Sunday, May 22**

Swiss steak, mashed potatoes/gravy, mixed vegetables, small salad, peach or chocolate pie

**Monday, May 23**

Beef brisket, baked potato, cheesy broccoli, creamy coleslaw, cherry square dessert

**Tuesday, May 24**

Lasagna, garlic breadsticks, green beans, small salad, grape salad

**Wednesday, May 25**

Hot pork sandwich, carrots, small salad, 2 cookies, ice cream

**Thursday, May 26**

Chef salad, fruit pizza

**Friday, May 27**

Ham/Noodle bake, peas, small salad, garlic breadstick

**Saturday, May 28**

Spaghetti/cheese casserole, green beans, small salad, sherbet