

May 1, 2016

RCH Celebrates Groundbreaking for New MRI Center

On Monday, May 2, RCH leaders including physicians, board members and staff posed for a picture before scooping a little soil during the official groundbreaking ceremony for the new addition to house MRI and Nuclear Medicine.

Bill Stahl, COO, welcomed everyone and introduced CFO, Mike Sinclair.

Mike stated that, "The new MRI suite will provide a one of a kind experience that patients won't receive anywhere in the surrounding area due to its unique design. The Vantage Titan 1.5 T Magnetic Resonance Imaging System is the industry's



quietest and most advanced MRI technology on the market. The design was selected specifically to aid patients who experience claustrophobia and lessen the need for sedation use. In turn, the design provides a much safer and relaxing exam for the patient."

A reception with refreshments was held in the cafeteria afterwards. We anticipate that equipment will start arriving on campus this week.



(Photo courtesy Candace Rachel, Plainville Times)

The first ever Rookstock fundraiser was a huge success!



This past Saturday night, nearly 400

supporters from around the area and the country filled Steve & Tracy Fellhoelter's large shop just west of the hospital. The night was a celebration to raise funds for Phase 2 of the Hospital Expansion project.

It was a great opportunity to bring together old friends and make new ones. The night included fantastic food, a live and silent auction, and musical entertainers with roots from Rooks County.

Thank you so much to all the RCH volunteers who worked so hard! This was an enormous endeavor and we couldn't have done it without the support of so many.



RCH Auxiliary supports the BLOOD MOBILE

The past blood mobiles have been very successful! We want to thank everyone for donating much needed blood.

The **next scheduled blood drive is Monday, May 9, 2016** from 11:00am-5:00pm in the K of C Hall, Plainville.

Our goal for this drive is 45 donors. Save a life, donate blood.

The Auxiliary is also taking donations to help fund the canteen, which serves lunch/snacks to donors to provide additional nutrients to donors before they leave. If you would like to donate to this great cause, please see Eric Sumearll or Kandie Morain.



HR News

JOB OPENINGS:

- RN Supervisor
- Certified Dietary Manager



May 1st RIDDLE:

It may contain a thousand wheels, yet it never moves despite spending all day in the sun. What is it?

(First correct answer to Johnna Lambert at ext. 237 or jlambert@plainville.hpm.in.com will win a dozen Otis Spunkmeyer cookies from the RCH Auxiliary.

Rhonda Thyfault will be on FMLA leave for 3 months beginning April 13. She is asking for your generosity by donating PTO hours to her account. If you would like to do this, please contact Cindi for the form.

Cathy King is also requesting donations of PTO hours as she is also on FMLA.

PENSION REP: The pension rep will be here on May 23. There will be 2 meetings. The first meeting will be at 10:00 and the second meeting will be at 2:00. Both meetings will be held in the cafeteria. We encourage you to attend one of these meetings to find out what you might be missing! There is also a sign-up sheet in the employee hallway for individual meetings.

May Anniversaries

Eric Sumearll	1 Year
Karl Elivera	1 Year
Chris Rinehart	1 Year
Camille Elivera	1 Year
Samantha Augustine	3 Years
Johnna Lambert	3 Years
Gayle Johnson	3 Years
Jerry Keyes	4 Years
Joe Brewster	7 Years
Laurie Augustine	9 Years
Kim Brown	14 Years
Marlene Dohe	28 Years
Pat Meyers	37 Years
Linda Gilbert	45 Years

REMINDER: FIT tests are being done and we have the machine through May 6. All FIT tests need to be completed by the end of Friday and sign-up sheets are on the bulletin board in the employee hallway.

THANK YOU for your years of service!

ROOKS COUNTY HEALTH CENTER

2016 ANNUAL BOARD MEETING AND BOARD ELECTIONS



Friday, May 7

Voting will start at 7:00 p.m.

Meeting will start at 7:30 p.m.

RCH Lab Department Celebrates Medical Laboratory Professionals Week, April 24-30, 2016



Pictured on front row (left to right): Kelsey Brin, Camille Elivera, Karl Elivera, and Jericha Bequilla. Back row: Payton Littrell, Tonya Bethel, Sami Werner, Mark Waggoner, and Joe Brewster

Grants Help Provide Bike Helmets to Youngsters in Rooks County

The Kansas Department of Health and Environment (KDHE) recently awarded Rooks County Health Center's rehabilitation department a mini-grant for injury prevention. RCH Physical Therapist, AJ Thomas wrote the grant particularly to obtain bicycle helmets for second and third grade students in Rooks County.



Stockton elementary school participants in the program. A.J. Thomas is pictured at right and Ashley Moeder is at left.

Head injuries cause 75 percent of over 700 annual deaths on bicycles, and research show that helmets can prevent 85 percent of bicycle deaths.

“It’s important we teach these kids to wear these helmets every time they ride a bicycle or scooter—arms and legs are much easier to fix than the brain,” said Thomas. The helmets purchased through grant funds have a sportier look with a visor and are adjustable to grow with the children to around age 12. Along with the helmets, members of the RCH rehabilitation department gave a presentation on bicycle safety to second and third graders in Rooks County schools, handing out 144 helmets so far.

“I feel like this is the age we can have the most impact. Younger children wear them because they’re told to; older children think they’re too cool for helmets. If we can show them that helmets are not only cool but can prevent injury, then maybe we can get them to wear them as they get older,” said Thomas.

 Lunch Menu 

Wednesday, May 4

French toast casserole, sausage patties, scrambled eggs, cut fresh fruit

Thursday, May 5

Taco burgers, chips & salsa or Guacamole, Mexican corn salad, fruit pizza

Friday, May 6

Chicken strips, French fries, tossed salad, creamy cucumbers, ice cream

Saturday, May 7

Meatball subs, pasta salad, chips, lemon bars

Sunday, May 8

Roast beef, mashed potatoes/gravy, corn, salad, strawberry pie

Monday, May 9

BBQ beef sandwich, potato salad or creamy cucumbers, chips, strawberry shortcake

Tuesday, May 10

Baked potato bar, Oriental slaw, salted caramel ice cream cone

Wednesday, May 11

Legend chicken, mashed potatoes/gravy, green beans, tossed salad, peanut butter sheet cake

Thursday, May 12

BBQ ribs, baked potato, peas, salad, Hawaiian cake

Friday, May 13

Baked ziti, breadsticks, Caesar salad, cheesecake bar

Saturday, May 14

Swiss steak, mashed potato w/ gravy, cookies, ice cream



Sun Mon Tue Wed Thu Fri Sat

1 Chad Persing	2 2:00 MRI Ground-breaking Ceremony	3 6:00 RCH Board Mtg	4 Amanda Claridge	5 1:15 Policy Committee Heather Rinehart Lu Kerns	6  PAY DAY RCH Annual Board Meeting 7:30pm Rhonda Thyfault Frank Rajewski Steve Law	7 Tracy Rudman
8 Mother's Day	9 Blood Mobile Turn In Time Sheets	10 Special RCH Board Mtg Payton Littrell	11	12 8am-5pm New Employee Orientation	13 PAY DAY	14
15	16 12pm Foundation Board Mtg Heather Mackey	17	18 8:30-1:00 Med Staff & Grand Mtgs 1:30pm By-laws Meeting	19	20	21 Casey Arnold
22	23 Turn In Time Sheets	24 6:00 RCH Board Mtg	25	26 10:00 RCH Auxiliary Mtg 2:00 RCH Dept. Head Mtg Jaime Gosselin	27 PAY DAY	28 Andee Mitchell
29 Genny Robben-Rahjes	30 Memorial Day	31				