

RCH Celebrates Breast Cancer Awareness Month



Rooks County Health Center honors Mary Mesecher of Plainville in commemoration of Breast Cancer Awareness Month. She won a basket of assorted Pampered Chef items from the RCH Digital Imaging Department.

Mary is a three-time breast cancer survivor who encourages all women to get an annual mammogram screening.



RCH Pumpkin Decorating Contest is Huge Success!

The Colonoscopy Pumpkin comes out on top at the RCH Pumpkin Decorating Contest! The pumpkin was created by staff members of the Surgery/Outpatient Department. Those employees will celebrate with a pizza party!

Second place went to the Candy Corn/Purple Pumpkin decorated by the Business Office. Third place went to the Popcorn, Gum Balls and Candy Apple Pumpkins decorated by Tinley Oehm and Michele Hinger.

A total of 16 pumpkins were submitted to the contest and a total of \$488 was raised. Part of the funds will be used to pay for the pizza party and the other part will be donated to the Employee Assistance Fund which helps employees in need. Thank you to everyone for your amazing creativity and generosity in voting!



Pumpkin Creators:

Biker Pumpkin – Doctors Without Delay
Pretty Pink Princess Pumpkin – Medical Records and I.T.
Indian Pumpkin – Dietary
Candy Corn/Purple Pumpkin – Business Office
No ID or Insurance Pumpkin – Admissions and Communications & Development
Mummy Pumpkin – Rehab Department
M & M Pumpkins – Materials Management and Maintenance
Standing Nurse Florence Pumpkin – Nursing Department
Colonoscopy Pumpkin – Outpatient/Surgery Department
Tin Man Pumpkin - Senior Leaders
Witch with Legs Pumpkin – Environmental Services
Popcorn/Gum Balls/Candy Apple – Tinley Oehm and Michele Hinger
Maxine Pumpkin – Cardiac Rehab
Green faced witch - Lab
Mammo Pumpkin - Radiology
Cookie Monster – RCH Auxiliary

New Year's Baby Request for Support

The RCH Auxiliary is planning a “New Year’s Baby Shower” for the first baby born at RCH in 2016. We’re asking all staff, medical staff, auxiliary members, businesses and individuals who care about RCH and this remarkable service we provide to help. There will be a basket set up at the labor and delivery nurse’s station and in the auxiliary gift shop.



We’re requesting you bring a generic gift of any size (examples: diapers sizes 1, 2 or 3, handmade items like quilts, afghans, infant toys, blankets, towels, gift cards, baby personal items, first aid kit, bottles, etc.).

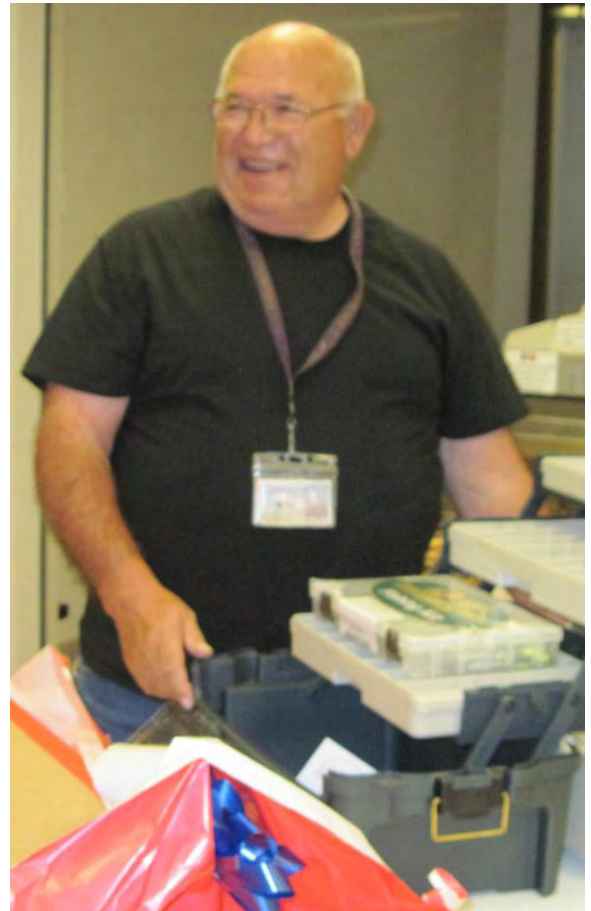
Please consider helping make this a very memorable and helpful event for the New Year’s baby and their family. A letter will accompany the gifts and your name will be recognized as a contributor. If you have the talent of making a personal item or you know someone who would consider donating such an item that would be fantastic!!!

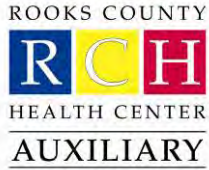
Any questions, please contact any member of the “2016 New Year’s Baby” Auxiliary Committee: Kathy Ramsay, Lori Frederking, Janet Languen, Cindi Knipp or Michele Hinger. Thanks so much for your help!

Bob Rudman Retires from RCH

On Friday, October 30, RCH celebrated Bob Rudman's Retirement with a reception in the cafeteria. Bob has worked at RCH for over 18 years in the Maintenance Department. Bill Stahl is shown presenting him with a beautiful clock with a message of thanks for his many years of service. Other gifts included a tackle box and a bag chair. Thanks for everything Bob!

Friday was also Bob & Linda's 50th wedding anniversary! Congratulations Bob & Linda!





RCH Auxiliary NEWS

The Auxiliary is planning some really great fundraisers for our hospital expansion project! Mark your calendar for these special dates. More information will be coming soon!

Saturday Nov 14, Annual Bake Sale at Mr. K's

All Auxiliary members are asked to bring 2 items to the bake sale. *Pies, breads and decorated cakes sell best. Cinnamon rolls and muffins sell better in smaller groups like 6 on a plate. Cookies, crackers and cakes that are not decorated do not sell as well.*

Everyone is invited to shop that morning! Our Auxiliary is blessed with some incredible cooks/bakers! There will be something for everybody!

Other Upcoming Events:

November 24 & 25, RCH Auxiliary Fall Festival at RCH Education Center

December 8, Memorial Tree Lighting at RCH

December 14, Hospital Bake Sale at RCH

December 15, next blood drive at Plainville K of C

While doing your holiday grocery shopping, please remember that the RCH Auxiliary is still selling \$50 and \$100 Mr. K's and Webster's gift cards in the gift shop. It doesn't cost you any extra to help raise funds for the hospital expansion. (5% of the profits goes to the Auxiliary)



*Rooks County Health Center Auxiliary 2015
Memorial Tree Lighting*



Memorialize special people... One of Rooks County's most visible symbols of the true meaning of the Christmas season is the Memorial Tree Lighting at Rooks County Health Center. Each light on the tree represents a gift of love. For over 25 years, the Rooks County Health Center Auxiliary's "Memorial Tree Lighting" project provides an opportunity to honor and remember loved ones.

100% of your tax-deductible contribution will be used to support the scholarship program RCH auxiliary sponsors each year. You are invited to attend the Memorial Tree Lighting Ceremony that will take place in the clinic waiting room in the hospital at **7:00 p.m. on Tuesday, December 8th**. The evening will include music, fellowship and remembering what a difference people make in our lives.

You may purchase a Memorial Tree Light in memory of someone you would like remembered during this special time. The person's name will be read during the ceremony and a list of names will be displayed in the hospital.

To purchase a Memorial Light for \$5.00 per name, please complete this form and either bring it to hospital admission desk, auxiliary gift shop or mail to:

**Rooks County Health Center Auxiliary
Memorial Tree Lighting
PO Box 389
Plainville, KS 67663**

Your Name _____ Phone _____

Your Address _____

Your e-mail address _____

Enclosed is \$ _____ (amount) for Memorial Lights

In Memory of _____

In Memory of _____

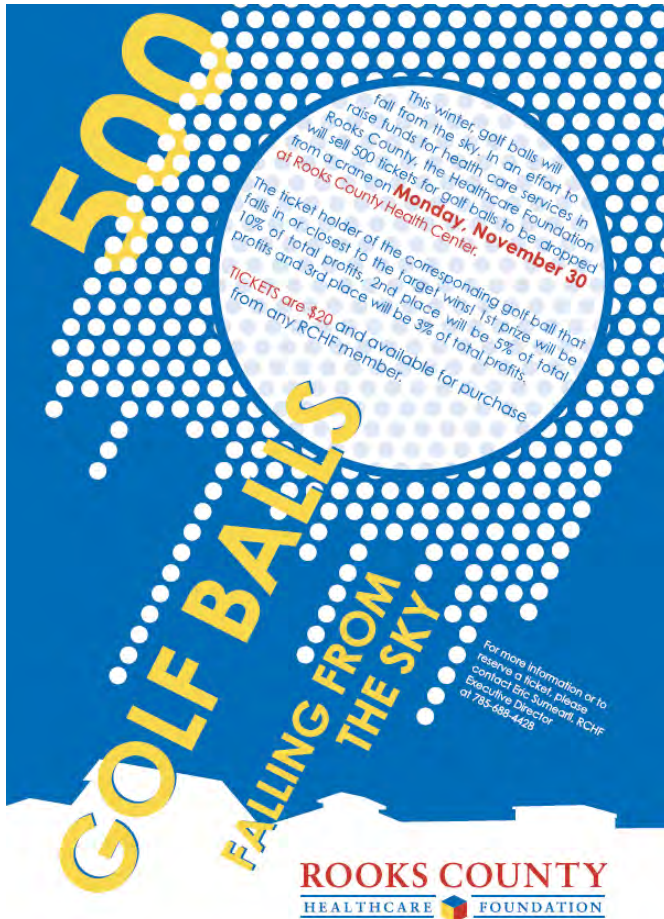
In Memory of _____

In Memory of _____

Please use the back of this form if you need additional space for names.

Make checks payable to: RCH Auxiliary.

*Thank you so much for your contribution!!
We hope to see you at the Memorial Tree Lighting Service.*



CHRISTMAS PARTY COMING SOON!

I know what you're thinking.....it can't be that time of year again.....but it is. The RCH Christmas party is only 32 days away!! Employees are already inquiring about the Christmas baskets, so **yes**, we will be doing them again this year.

Because of **your** involvement, they have become quite a hit at the party and also allow us to help Santa with some local families at Christmas time. So.....if your department is up to the challenge, put a basket together that everyone will want!! Anxious to see what you "creative creatures" will come up with!!

-Karen Harris, Christmas Party Chair

Don't forget to get your chance to win at the golf ball drop! They are just \$20.



The RCH Annual Christmas Party will be held on Saturday, December 5 at 7 pm in the First Christian Church New Building (301 S. Broadway) in Plainville. Please remember to RSVP by November 23 to Karen Harris.



Human Resource News

JOB OPENINGS:

- Occupational Therapist
- Admissions Clerk
- Housekeeper
- Cook

CHANGES IN EMPLOYEES:

- **Bob Rudman's** last day was October 30.
- **Rosie Sowles** will be a full time night shift RN starting November 16.

November Anniversaries

Kelsie Zeigler	1 Year
Meghan Augustine	1 Year
Lindsey Bollig	2 Years
Caitlin Wessel	2 Years
James Christopher	3 Years
Anne Givens	3 Years
Lori Custer	3 Years
Cricket Rice	4 Years
Tinley Oehm	4 Years
Brooklyn Foster	4 Years
Frank Rajewski	4 Years
Mark Waggoner	9 Years
Jaime Gosselin	11 Years
Tonya Bethel	20 Years

Sign up sheets are in the employee hallway for the following:

November 9 – Aflac rep will be here from 7:30 am to 2:30 pm.

November 18 – Wheat State Credit Union rep will be here from 10 am to 2 pm.

November 19 – Pension rep will be here from 2 pm to 5 pm.

We still have plenty of flu vaccines available for your immediate household members. They just need to pay \$20 and register at the front desk. Then they can receive the vaccine in the OutPatient Department.

We have:

Regular Flu Vaccine for ages 3 - 64 years.

High-Dose Vaccine for ages ≥ 65

Intra-Nasal Flu Mist for ages 2 – 49

And Just arrived - Pediatric Flu Vaccine for ages 6 months - 35 months.

Feel free to contact Stephanie at ext. 283 if you have concerns or questions regarding the influenza vaccines this year! *May the Flu NOT be with you!*



CHECK IN BEGINS AT 8:15 AM
RACE BEGINS AT 9:00 AM
EARLY REGISTRATION
(INCLUDES T-SHIRT)

EARLY BIRD DEADLINE NOV. 17TH
AFTER NOV. 17TH ADD \$5.00

\$25 FOR ADULTS

\$15 FOR YOUTHS

REGISTER ONLINE AT

www.plainvilleturkeytrot.com or call Kelli Hansen at 785-737-3554

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ROUSTABOUT SERVICE



Lunch Menu



Tuesday, November 3

Legend chicken, mashed potato/gravy, sweet corn, garden salad, layered pudding dessert

Wednesday, November 4

Taco salad bar, chocolate cake

Thursday, November 5

Chicken Cordon Bleu, baked potato, cheesy broccoli, tossed salad, Hawaiian cake

Friday, November 6

Homemade pizza, tossed salad, iced brownie

Saturday, November 7

Smothered steak, mashed potato/gravy, garden peas, fruit cup, two cookies

Sunday, November 8

Legend chicken, mashed potato/gravy, green beans, garden salad, cherry pie, dinner roll

Monday, November 9

Chef salad bar, strawberry mini pie

Tuesday, November 10

Ham sandwich, potato chips, broccoli-cheese soup, Rice Krispie treat

Wednesday, November 11

Enchilada casserole, Spanish rice, tossed salad, chocolate ice cream cup

Thursday, November 12

Chicken strips/gravy, cheesy potato casserole, layered pea salad, cherry poke cake

Friday, November 13

Two soft tacos, cheesy refried beans, chocolate sheet cake

Saturday, November 14

Smothered chicken, mac & cheese, peas, pudding cup

Sunday, November 15

Legend beef, mashed potato/gravy, cheesy broccoli, pasta salad, chocolate pie, dinner roll

Monday, November 16

Turkey Roast, mashed potato/gravy, sweet corn, tossed salad, cherry square dessert



Sun

Mon



Tue

Wed

Thu

Fri

Sat

1 Morgan Fellhoelter	2	3	4	5 Policy Comm. Mtg @ 1:15	6 	7 Anne Givens
8 Carla Dreiling Janey Denton	9 Turn Time Sheets In Aflac rep here Kelly Parson	10	11	12 Leona Bird	13 PAY DAY Jeff Green	14 Auxiliary Annual Bake Sale at 9 am at Mr. K's
15	16 Foundation Board Mtg @ 12 pm	17	18 8:30 – 1 Med Staff & Grand Mtgs Credit Union Rep here 10-2 Candy Jones	19 10 Auxiliary Mtg Pension Rep here 2- 5	20	21
22	23 Turn Time Sheets In	24 8 - 4:30 New Employee Orientation 6 pm RCH Board Mtg RCH Auxiliary Fall Frenzy at Education Ctr. Bill Stahl	25	26  Turkey Trot	27 PAY DAY Linda Gilbert	28
29	30 Golf Ball Drop Mike Sinclair					