

## AJ Thomas, now Board Certified as a Sports Certified Specialist

RCH Rehab Director, AJ Thomas, found out recently that he passed his exam and is officially a Board Certified Sports Specialist (SCS). AJ said he worked very hard for the past 3 years to prepare for the exam. He appreciates all the support he had as he continued his education. Including AJ, there are only 10 Board Certified Sports Specialists in Kansas and only about 1,500 nationwide.

AJ is also one of three elected delegates that represent the Kansas Physical Therapy Association at the House of Delegates, which is the highest decision making body in the American Physical Therapy Association (like the house of representatives). This year they discussed and voted on the possibility of Physical Therapists being able to order diagnostic imaging as well as therapist's role in nutrition screening and the obesity epidemic.



*The American Physical Therapy Association visited Congressman Tim Huelskamp's office. Shown (left to right): Susan Harms (Manhattan), Kevyn Soupiset (Great Bend), Camille Snyder (Eastborough), Congressman Huelskamp, Angela Hoerner (Abilene), AJ Thomas (Hays), and Shelli Hill (Wichita)*

After visiting the House of Delegates, AJ and other members of the American Physical Therapy Association went to a Capitol Hill rally to lobby for Physical Therapy and rural hospitals. His group spoke with Kansas Representatives Huelskamp and Pompeo and Senators Roberts and Moran regarding the therapy cap and Medicare limiting beneficiaries access to PT. They also discussed potential co-sponsorship of the Safe Play Act which is federal legislation about concussions and return to play that includes physicians, therapists and psychologists.

AJ has recently been nominated and accepted a volunteer position with the United States Olympic Committee. He is in a pool of therapists (25-50 nationwide) that will be asked to support the Olympiads and medical staff for two weeks at a time in Colorado Springs, Lake Placid, or Chula Vista. AJ says he believes he is the only member on the team from Kansas.

*(Cont. on page 2)*

(Cont. from page 1)

*"If it were not for the support of the hospital, administration, senior leadership team, and rehab team there would be no way I could have done any of these things. The people that work here, the community and the culture the hospital provides allow us to do great things to give the residents of Rooks County and the surrounding communities the best possible healthcare experience."*

-AJ Thomas

Wanting to continue his education, AJ has recently been approved to attend a dry kneedling course in August. He will be the only provider for dry kneedling in Kansas other than in the military. He is sure others will follow suit, but he will be the first.

Not only is AJ a talented therapist, he is also a genuinely nice guy and is very humble. It was difficult to get this information from him so I could share with everyone. Thanks to Pat Meyers for her help.

AJ is very proud of the therapy department here at RCH. He says, "Scott is amazing at keeping our patients on track and monitoring exercise form and function, Justin excels in Neuro treatments, Ashley is great with spine and hip dysfunction, Aleesha is awesome on the field or court, Danelle is a great utility player and can do just about anything and of course Pat is amazing at keeping the team together and keeping patients happy." We couldn't agree more!

Needless to say, the entire staff is very proud of AJ and all of his accomplishments. We are honored and blessed to have him on our healthcare team!

**DWD will be closed on Saturday, July 4.**



Because most of our staff will be off Friday for the holiday, we will perform First Friday Screenings on Thursday, July 2.

*"Cardiac Rehab is the place to be Monday, Wednesday and Friday! A very good service to the public for exercise and care. The staff is skilled and caring."*

**- Another grateful patient**

**[POST ROCK Family Medicine NEWS]**

Post Rock Family Medicine welcomes Whitney Taylor, second year medical student at the University of Kansas School of Medicine. Whitney will be shadowing Dr. Lynn Fisher and some of the other Post Rock Family Medicine Providers over the next six weeks.



Post Rock Family Medicine also welcomes Allison Coy and Eastin Casey who are between their 1<sup>st</sup> and 2<sup>nd</sup> years. Allison and Eastin will be shadowing Dr. Jen Brull.



Welcome to RCH! We are so glad you are here!



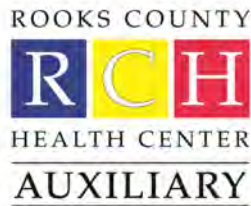
I wanted to reach out with a Chiefs ticket offer for the employees and friends of **Rooks County Health Center**.

We have **season tickets starting at \$225 upper level, \$621 field level, and \$1,350 Club level**. Season Tickets can also be reserved now by putting down just 33% of the cost. Anyone with interest can contact Jake Cuevas at [JCuevas@Chiefs.NFL.com](mailto:JCuevas@Chiefs.NFL.com) or at **816-920-4892**

We also offer single game tickets available for purchase through this link: <https://oss.ticketmaster.com/aps/chiefs/EN/link/promotion/home/975f3a51e19b0a504fb7895781e4e94e17843c05>

Please use promo Code: **JCCHIEFS15**

**Mark your calendar! Notice a change in the date for the Quarterly Regulatory Meetings to July 29<sup>th</sup> starting at 8am with the Quarterly Quality Meeting.**



## RCH Auxiliary NEWS

Are you planning a trip or vacation this summer? The Auxiliary Gift Shop has some new items to keep the kids busy. There are books, games and much more. Stop by and check it out! The Gift Shop just got a new order of the blue 60<sup>th</sup> Anniversary t-shirts, more of the black *Let Our Family Take Care of Your Family* shirts and the Lands' End RCH Polo Shirts.



**THANK YOU!** for supporting the RCH Auxiliary's Paradise Creek Festival PIE SALE. **The Auxiliary raised over \$1,200 thanks to your generosity.** *The Auxiliary would also like to thank Auxilian, Bill Stahl and Eric Sumearl, for all their efforts to make this fundraiser a success!*

The RCH Auxiliary **SCHOLARSHIP COMMITTEE** has published the information about the Rooks County Health Center Auxiliary Memorial Scholarship. The deadline to make application is July 15. The Auxiliary has also voted to create a **Rooks County Health Center Auxiliary Memorial RCH Employee Scholarship.** It also has an application deadline of July 15<sup>th</sup>. These scholarships are funded by the Memorial Tree Lighting Ceremony held in December every year. If you know a student who resides in the hospital district and has been accepted in a health care related field of study they can contact Shirley Comeau, Scholarship Committee Chairman at 785-737-3492 or you can get an application from Eric Sumearl or Kandie Morain.



### RCH Auxiliary sponsored **BLOOD MOBILE**

Next blood mobile is scheduled for July 15<sup>th</sup>

11 am to 5 pm





## Human Resource News

### JOB OPENINGS:

- Cook
- Occupational Therapist
- CRNA

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### CHANGES IN EMPLOYEES:

- **Alexis Oliver's** last day was June 27
- **Sarah Huerter's** last day was June 30
- **Jeanette Rolfe** became a full time employee on June 7 as she has joined the team of Admission Clerks.
- **Lisa Handley** became a full time employee on June 20
- **Whitney Hickert** became a full time employee on June 21
- **Charlotte Gibbs** will be a full time RN on July 27

### NEW RN'S – CONGRATULATIONS!

The following have passed their board tests and are now RN's:  
**Tawny Baxter, Lori Custer and Brooklyn Foster.**

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## July Anniversaries

|                            |          |
|----------------------------|----------|
| <b>Chris Fisher</b>        | 1 Year   |
| <b>Whitney Hickert</b>     | 2 Years  |
| <b>Tammie Williams</b>     | 2 Years  |
| <b>Donna Addleman</b>      | 3 Years  |
| <b>Ashleigh Mabb</b>       | 4 Years  |
| <b>Crystal Mahan</b>       | 5 Years  |
| <b>Elizabeth Hyde</b>      | 6 Years  |
| <b>Stephanie Bjornstad</b> | 11 Years |
| <b>Sheila Eichman</b>      | 11 Years |
| <b>Jolene Whitehair</b>    | 12 Years |
| <b>Vi Gehring</b>          | 12 Years |
| <b>Pat Ferland</b>         | 12 Years |
| <b>Cathy King</b>          | 14 Years |

*Thank You!*

an easy way  
to help  
support the  
Rooks  
County  
Healthcare  
Foundation

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You shop. Amazon gives.

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***THANK YOU for your year(s) of service!***

 **Lunch Menu** 

**Thursday, July 2**

Crumb top fish, baked potato, small salad, Hawaiian cake

**Friday, July 3**

Hamburger pizza, small salad, brownie

**Saturday, July 4**

Grilled chicken on bun, French fries, pineapple cup, two cookies

**Sunday, July 5**

Fried chicken, mashed potato w/gravy, green beans, garden salad, cherry pie, dinner roll

**Monday, July 6**

Salisbury steak, mashed potato w/gravy, broccoli, small salad, pocket of lemon cake

**Tuesday, July 7**

Beef & noodles, mashed potato, green beans, yum-yum salad, pecan cake

**Wednesday, July 8**

BBQ pulled chicken on bun, smashed potato, super slaw, ice cream treat

**Thursday, July 9**

Chicken strips, potato casserole, layered pea salad, strawberry cake

**Friday, July 10**

Two soft tacos, nachos and cheese, Texas sheetcake

**Saturday, July 11**

Baked chicken, macaroni & cheese, fresh fruit, pudding cup

**Sunday, July 12**

Smothered steak, mashed potato w/gravy, cheesy broccoli, pasta salad, crème pie, dinner roll

**Monday, July 13**

Beef brisket on bun, potato salad or chips, baked beans, cherry square dessert

**Tuesday, July 14**

Spaghetti, green beans, tossed salad, assorted crème pie, garlic breadstick

**Wednesday, July 15**

Hot roast beef sandwich, mashed potato w/gravy, sweet corn, cottage cheese salad, orange sherbet cup



*Sun*

*Mon*

*Tue*

*Wed*

*Thu*

*Fri*

*Sat*

|    |   |   |  |  |  |                               |
|----|---|---|--|--|--|-------------------------------|
|    |   |   | 1  | 2<br>Tawny Baxter  | 3  | 4<br><b>Independence Day!</b> |
| 5  | 6<br><b>Turn Time Sheets In</b><br><br>April LeMarr<br>Robin Bailey   | 7<br><br>Lacey Muir                               | 8<br><br>Tammie Williams   | 9  | 10<br><b>PAY DAY</b>                                       | 11<br><br>Susan Romo          |
| 12 | 13<br><br>Jeanie Rolfe  | 14<br><br>8:00 – 5:00<br>New Employee Orientation | 15<br>8:30 – 1:00<br>Medical Staff & Grand Meetings<br><br>Blood Mobile<br>11 am to 5 pm | 16   | 17   | 18                            |
| 19 | 20<br><b>12:00 Foundation Board Mtg</b><br><b>Turn Time Sheets In</b> | 21  | 22   | 23   | 24<br><b>PAY DAY</b><br><br>Vicki Roberts<br>Amanda McCall | 25                            |
| 26 | 27  | 28<br><br>6:00 RCH Board Meeting                  | 29<br><br>8 am to 1 pm<br>Quarterly Quality Mtgs   | 30<br><b>10 am Auxiliary Mtg</b><br><b>8 am &amp; 2 pm Mandatory Qtrly Staff Mtg</b><br><br>Cindy Ross | 31<br><br>Dr. Jen Brull                                    |                               |